

# Programs

## Drop-In Sports Programs

### Indoor Youth Drop-In Sports

**NEW!**

Ball Hockey	Mondays	7:00 - 8:30 pm	Secondary Arena
Basketball	Tuesdays	7:00 - 8:30 pm	Primary Arena
Wallyball	Wednesdays	7:00 - 8:30 pm	Wallyball (Squash) Court
Soccer	Thursdays	7:00 - 8:30 pm	Secondary Arena

**Cost:** Free  
**Dates:** April 9 - June 21  
**Ages:** 10-15 year olds

New program for youth: Drop in to the rec centre for a variety of sports! Nick, our program leader will help to organize the sport each night. All levels welcome.

### Indoor Adult Drop-In Sports

Basketball	Mondays	8:00 - 9:30 pm	FNSS Gym	Tyler, Austin & Calvin
Basketball	Tuesdays	8:00 - 9:30 pm	FNSS Gym	Tyler, Austin & Calvin
Volleyball	Wednesdays	8:00 - 9:30 pm	FNSS Gym	Gabrielle
Badminton	Thursdays	8:00 - 9:30 pm	FNSS Gym	Shawn

\* Based on volunteer availability.

**Cost:** By Donation  
**Dates:** April 3 - June 14  
**Ages:** 15 years and over

